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# StoryLane

## Magazine

# #5

Stardust: An Astrological Column for People Who Don't Believe" in Horoscopes...

## Stardust:

# An Astrological Column for People Who Don't "Believe" in Horoscopes...

I can hardly believe it; it's already September! We are heading straight into autumn, and summer is over. Uff! Although I love autumn, and it's my favorite of all four seasons, I still feel a little nostalgic. The warm summer evenings on the terrace are numbered, and the evenings with tea and a blanket on the sofa are getting closer. Even though I'm incredibly excited about autumn, saying goodbye to summer this year isn't necessarily easy for me. But, well, the recent full moon in Pisces, which was all about farewells and letting go, came in handy. So, I already found something to let go of, even if it's just the weather.

On the other hand, transitioning from the vibrant Leo season to the more practical Virgo season was easier for me. Okay, as a Virgo-born person, it's an energy I'm very familiar with, of course. You could say it feels a bit like "coming home." My family and I immediately felt that Virgo orderliness was back on the agenda. Even without looking at the calendar, I instinctively start organizing everything in our household with enthusiasm, decluttering like a madwoman, and cleaning even the most hidden corners of our apartment with a level of energy that I somehow don't recognize in myself.

Somewhat confused and annoyed by me, my husband and children are also roped into my dutiful and orderly energy, helping them tidy their rooms and offices, organize their belongings, and assist me in decluttering their closets. They do it. I suspect they're afraid that I'll do it myself in my "Don't stop me now" energy and throw everything away. Reduction and order are my mottos. Just as befits a proper Virgo. However, it's already September, and I can feel running out of steam a bit. I need breaks and quiet moments. And in doing so, I realized once again that it's meaningful to use this Virgo energy for each of us, but it's about much more than just order and cleanliness. It's primarily about inner order and purity. Being at peace with oneself, as they say, means taking another look at your mental order: "What still serves me?" "What can go?

Examining your thought patterns and sorting them out is important because Virgo time is also about analysis and evaluation. What have I done with my life over the past 12 months? What did I want to do but didn't out of fear? Fear is a big theme that always lingers during this time. The fear of our ancestors, which we still carry epigenetically within us, is: will we manage to harvest in time? Will there be enough to feed the family through the winter? Depending on our individual astrological configurations, we still carry this fundamental fear to varying degrees. It often manifests itself in Virgo-born individuals and especially in Virgo ascendants with well-stocked pantries and the fear that there might not be enough. I'm sure you can think of someone like that right away.

So, I will use this beautiful time in September to restructure my inner self in moments of silence and connect with my mental powers. Now that my living spaces are tidy, I can focus on my inner spaces. It makes sense, at least in my opinion as a born Virgo. And I definitely plan on taking long walks in the woods and having a healthy lunch.

Affirmation: Affirmation for the Virgo Season: I harness Virgo energy to take care of my body and health while offering selfless help to those in need. I pursue my goals with meticulous attention to detail and still manage to put them into practical action.